



Taradale High School

Be determined. Aim high. *Piki ake. Kia maia.*

Newsletter 1 Term 1, 2011

Principal's message

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Tena koutou Parents / Caregivers

Our school results for 2010 are inspirational. We have exceeded our own targets despite judging them to be ambitious. Our school's mission is to enable students to reach their potential, so we are tremendously encouraged that far more students are achieving NCEA than before. See page 2 of this newsletter for details of the results.

Where to now for us as a school? The next targets are to raise the Level 3 pass rates to those of decile 8 – 10 schools nationally and to raise the endorsements for excellence to be consistent with decile 8 – 10 schools. We believe that too many of our able students are failing to set their sights high enough or simply resting on their laurels. Endorsement with excellence opens doors to work, scholarships and eventually university courses; failure to reach one's potential is unsatisfying for all concerned.

Parental Chat to Sons and Daughters

I strongly recommend that parents take some time to sit down with their teenagers to discuss goals for the year. Page 8 of the green pages in our student diary gives some guidance on setting personal, scholastic, extra-curricular and other goals. I encourage you to use what's there as a "starter" for discussing your son/daughter's goals for the year, then write them on paper and place them where they are visible.

Where appropriate, I again suggest that you discuss maximum limits on part-time work. (See the Annual for guidelines).

The general wisdom about the strength of parental expectations is that parents should keep reminding their sons and daughters of the agreed goals, without being overbearing. There are dangers in pushing children too hard, just as there are in setting no expectations at all. Experts say it's useful for parents to support their children by helping them to set "highish, but not totally unrealistic goals" and that aspirations should be linked to making an effort and learning from both their successes and the things that don't go so well. It's important to show that you're interested in their education without making them anxious.

Wishing everyone a happy and successful year.

Piki ake. Kia maia,

Stephen Hensman

THE ARTHUR MILLER SCHOLARSHIP

Arthur Miller was the last mayor of Taradale. He was instrumental in the establishment of Taradale High School and was an active supporter of school-aged children and young people in the area. Upon his death he left a bequest to provide financial assistance to students of Taradale High School.

Anyone can apply for financial assistance to support a current student of Taradale High School. It can be a parent, caregiver, teacher, coach, the student him/herself. Application forms are available from the school office or on line (www.ths.school.nz)

Coming Events

February

- 17 Founders Assembly
- 22 PPTA Paid Union Meeting, school closes early
- 24 Sports Council Meeting

March

- 1 Mufti Day for Cancer Society
- 4 Athletics Sports
- 9 Swimming Sports
- 14 PTA meeting 7pm
- 15 BOT Meeting
- 17 Class Photos

April

- 11 Option 2 starts

TARADALE HIGH SCHOOL'S MISSION, VISION AND VALUES

Our Mission

Enabling students to reach their potential.

Our Vision

Young people who are confident, caring and committed to their learning.

Our Values

Excellence, curiosity, respect and integrity.

Congratulations to. . .

Samantha Cooper, who was named top batter at the Central Region u-15 softball tournament in Lower Hutt where her Hawke's Bay team won the event. She also played for the Hawke's Bay u-17 Girls who finished second at their Central Region tournament in Palmerston North.

Adam Holland, who was awarded his medal in assembly last week for coming **top in New Zealand** in the Year 11 Computer Skills exam in ICAS (International Competitions and Assessments for Schools). That's an outstanding result.

Henry Barry, who has been awarded the International Computing Driving Licence. Henry gained 75% in each of 7 units over three years. This gives him 19 credits towards Level 2 NCEA and an internationally recognised certificate.

Academic Colours were presented in assembly last week to those who received NCEA with excellence. In case you missed the last newsletter, they were:

Students passing Level 1 with Excellence:

Amy BARNARD
Henry BARRY
Seth CORBETT-DAVIES
Justin DARROCH
Bianca FONTI
Melissa GIDDENS
Randy GLASS
Courtney HALL
Dexter HOWE
Thomas KAY
Holly NEILL
Adrian TAM
Gabriel TAM
Lennox YOUNG

In total, **83.6% Year 11 (Form 5) students passed Level 1**. This is the best pass rate the school has achieved yet in NCEA, beating the previous best set by the current Year 13s. The national average for decile 8-10 schools is 74.3%, so this leap in results gives us much to celebrate.

Another significant milestone for us is the **achievement of Maori students at Level 1**, with 90% achieving Level 1, when the national average for students of Maori ethnicity in decile 8-10 schools is 70% and the national average is 58.9%. Kia kaha to them and their teachers.

Students passing Level 2 with Excellence:

Nicole BAIRD
Matthew BARRIE
Doran JUNG
Stanley MAIR
Sarah LOGAN
Supriya ROY

The latest figures from NZQA show **our pass rate at Level 2 at 79.8%**, compared to 73.1% for decile 8-10 schools. Again, this is the best result for us yet.

Furthermore, 19% received endorsements with either Merit or Excellence.

Congratulations to these students for passing Level 3 with Excellence: of the following students, Abby, Henry and Daniel were able to attend assembly last week to receive their Colours badges. We wish you all the best at university this year.

Joseph CORBETT-DAVIES
Abby FRANKLIN
Zoon KANG
Henry SCHOFIELD
Daniel WINDSOR

Annual

If you lose your copy of the Annual during the year, please note that it's accessible on our web site (www.ths.school.nz) from a link on the home page.

The PTA Needs You!

We're a group of enthusiastic parents with our children's best interests at heart. We meet next on Monday 14th of March, at 7pm in the staffroom. Why not join us? For more information, email Liz Read: liz.read@hbdhb.govt.nz

NZ students amongst top in the world

The 2009 results from the OECD's Programme for International Student Assessment (PISA) places New Zealand's 15 year olds amongst the top students in the world in reading, science and maths.

The PISA showed only four of the 65 participating countries achieved better reading and science results than New Zealand.

SCHOOL DIARIES

Please note there is a useful section on page 12 of the green pages in the student diaries entitled "**Helpful Hints for Parents**". We ask all parents to check that their sons/daughters are using the school diary (compulsory for Years 9 – 12, but Year 13 may use a diary of their choice). Parents should sign diaries for Year 9 and 10 students once each week.

NCEA STUDY

STUDY CARDS \$13.50 (rrp \$18.50)

Written and edited by experienced teachers.

A year's work on a keyring

REVISION GUIDES \$14.50 (rrp \$19.50)
Includes worked answers and full 2009 & 2010 exam papers

Buy Direct!

To order:

on line: rur.co.nz Txt 0218 25273

Missing English Textbooks

There are dozens of English Text books which have not been returned from last year. These can be returned anonymously to the Office today. Some outstanding titles are - Macbeth, Boy, Going Solo, Out of the Deep, Boy in Striped Pyjamas, Juggling with Mandarins, The Wave, The Whole of the Moon and Lord of the Flies. Some of them were only purchased last year and we REALLY need them back for other classes to use. Thank you in anticipation.

Careers News

There are a number of Career activities taking place this term. Please note these in your diaries:

PACIFIC INTERNATIONAL HOTEL MANAGEMENT SCHOOL, New Plymouth, will be holding their **Open Day on Friday March 25**, 10.00am – 2.00pm. PIHMS is recognized by the International Hospitality Industry as running New Zealand's most respected and most thorough hotel management courses. PIHMS has offered to provide a bus for any students in Napier wishing to attend this event. There will be a small cost. PIHMS will provide all meals & overnight accommodation along with a takeaway lunch pack. This is a wonderful opportunity to see what PIHMS offers and **will help students to make informed decisions** about any future subjects & tertiary education options.

2011 INTERNATIONAL YEAR OF CHEMISTRY: is being celebrated worldwide this year & a new website has been launched as the hub for NZ activities: www.yearofchemistry.org.nz

2011 INTERNATIONAL SCIENCE OPPORTUNITIES FOR YEAR 12 & YEAR 13 STUDENTS:

London International Youth Science Forum
USA International Space Camp, Huntsville, Alabama
Professor Harry Messel International Science School
Biofutures 2011, Brisbane
Youth ANZAAS, Brisbane

Many of these programmes offer support from the Talented School Students Travel Award.

Students must be studying at least two of the following sciences: Biology, Chemistry or Physics. Interested students may pick up an application Form from Mrs Penman in C10.

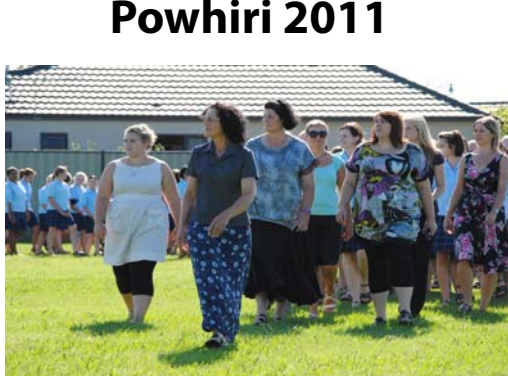
Applications close 31 March at 5.00pm.

NAVY CAREERS BUS: will be visiting the school on Thursday 17 February, 8.30am – 2.15pm. Classes will be on a roster to visit during the school day but it will also be open during interval & lunchtime for interested students.

HMNZS Canterbury: will be in Napier Port during Art Deco weekend and will be open to the public on **Sunday 20 February, 11.00am – 3.00pm.**

NAVY ADVENTURE CHALLENGE: will be held during the first term holidays, 18 – 29 April. The Navy is seeking 40 high profile students (Years 12/13) who are interested in a career as managers and leaders within the Navy. Students will gain an insight into the roles & responsibilities of young Naval Officers. The NAC would suit students who are intending further tertiary studies in the BA, BCom, BBS, BSc, BE and BTech degrees. Students must be physically prepared with a high standard of fitness. Please see Mrs Penman in C10 for an application form. **Applications close: Wednesday 2 March.**

UNIVERSITY LIAISON VISITS: These visits will commence this term. Liaison staff provide valuable information about tertiary education and study options. Senior students are encouraged to attend these presentations.



Powhiri 2011

Sports

CALENDAR OF UPCOMING EVENTS

(Please see the relevant Teacher in Charge or Sport Coordinator for information or entry forms for any of these events)

February

14th – Girls Softball Starts, College A Boys Softball Starts
15th – Tennis Starts
16th – Volleyball Starts
17th – Touch Starts
21st – Athletics Pre-League 1
26th – Relay for Life
28th – Athletics Pre-League 2

March

7th – Athletics Pre-League 3
8th – HBSS Swimming Championships
9th – Golf Starts
11th – HBPB Senior Open SS Volleyball Tournament, Golf Championships.
13th – HBSS Team Triathlon
16th – ECNI Athletics
18th – HBPB Volleyball Senior SS Seeding Tournament
26th – 31st – Summer Tournament Week

UPCOMING HOUSE EVENTS

Please see Mrs Nilsson-Findlay for any information about House Events

THS Athletic Sports – Friday 4th March (Whole School)
Date Change – THS Swimming Sports on Wednesday 9th March at Frimley Pool
(Whole School)

Gateway Programme 2011

The new year brings with it a new group of Gateway students keen to embark on their work placements. Some of our students have already been successful in making enquiries with employers over the school holidays to secure their placements. If your business is able to assist us with placing a student for one day per week over the school terms we would be very keen to hear from you.

The industries we are looking for are:

Early Childhood, day care or kindergarten
Building
Event Management
Hairdressing
Electrical
Tourism
Joinery
Marine Automotive (petrol)
Chef
Front of House

Please contact Lynda Vidulich,
Gateway Coordinator on: **06 6504 728**
or **027 447 0774.**

TERTIARY SCHOLARSHIPS TARADALE HIGH SCHOOL STUDENTS ARE ELIGIBLE TO APPLY FOR

1. Rotary Club of Taradale Kelvin Tremain Memorial Education Trust
 - (a) Memorial Scholarship of \$5,000 over 3 years for somebody who has gained at least one subject scholarship at NCEA Level 3
 - (b) General awards of \$500 - \$1,000 each.
 - (c) Special needs awards for students with a medical disability.
2. The HMNZS Rotoiti Scholarship \$1,500 for hard-working students with financial need.
3. The J Mills Trust Scholarship (to Dux and Proxime Accessit to Dux) \$2,500 - \$3,000 each year for 3 years.
4. The W T Dobson Napier District Masonic Scholarship of \$5,000 spread over a 3 year period.
5. Russell McVeigh Scholarship to study law.
6. Otago University
 - (a) Otago Dux Award
 - (b) Otago Maori Leaders Award
 - (c) Otago University Leaders Award
 - (d) The Pacific On Campus Experience Scholarship, which pays for return travel to Dunedin, meals and accommodation, and costs of "On Campus Experience" activities and events, usually in May of Year 13.
7. Massey University
 - (a) Academic Awards OF \$3000 each
 - (b) Massey University College of Business "Captain Clubs" Leadership Awards of \$5,000 to assist a student with a full time business degree programme.
8. IPENZ (Engineering)
9. EIT: free degree in Year One if you have UE.
10. The France Trust Tertiary Scholarship.
11. University of Waikato School Leavers' Scholarship of \$3,000 for students who achieve at least 60 credits at Level 3 NCEA in 3 or 4 approved subjects, with at least 14 credits in each of those subjects.
12. The Scott Fund Trust to reward achievement for students with disabilities (\$300 per scholarship).
13. Victoria University "Victoria Equity Scholarships" awarded to academically able students to assist with completing a bachelors degree programme, especially to assist:
 - (a) Maori students
 - (b) Pacific students
 - (c) Students with disabilities
 - (d) Students who are the first person in their immediate family to attend university.
14. For those who gain **Level 2 with Excellence**, Victoria University provides a \$5,000 Scholarship in their first year at university, renewable for another two years dependent on results.
15. Arrow Foundation Leadership Scholarships of \$2,500 and \$5,000 across New Zealand. One nominee only per school. Funds to be used to assist with tertiary education.
16. Edna Waddell Undergraduate Scholarship for Women in Technology and Engineering. \$5,000 for one a year.

Summary

In summary, Scholarships exist to assist students who:

have done well academically
and/or face financial hardship
and/or demonstrate leadership
and/or have participated in a range of activities at school
and/or have well-developed self-management skills

Year 12 (Form 6) students should note that some tertiary scholarships are awarded on the basis of success in Level 2!

What teachers want you to know

Let your child make mistakes

Teachers don't want perfect students; they want students who try hard. Sometimes parents think every assignment has to be done exactly right, and they can put too much pressure on their children. But it's OK for children to get some problems wrong. It's important for teachers to see what students don't know, so they can go over the material again. Is your child struggling with an assignment? Encourage your child to take charge by asking the teacher for help the next day. Assignments are sometimes clearly not the work of a child. What matters isn't the final result; it's letting a pupil have ownership of the project and learn along the way.

Teachers are on your side – give them the benefit of the doubt.

Some parents go into attack mode when their child complains about a teacher or they take the problem to the principal, so the teacher feels blindsided. This is where a good relationship helps, as a quick note, email or phone call can usually sort things out before it all escalates.

If the teacher deserves a good grade, give one.

Teaching isn't easy, so it's incredibly uplifting when someone takes the time to say thank you. Why not email when your son or daughter enjoys a class event? And if you feel the teacher is doing a good job, let the principal know. Volunteering is another way to demonstrate your support. It shows your children – and the teachers – that you really care about their education.

Acknowledgement: 'What Teachers Wish You Knew. Parents, pull up a chair: Here's how to help your kids do their best at school' by Lisa Collier Cool

THE IMPORTANCE OF A GOOD NIGHT'S SLEEP FOR THE NEW SCHOOL YEAR

Getting a good night's sleep often comes down to routines. Avoiding late-night technology use and keeping a regular sleep schedule are two important techniques as children head back to school. Recent studies found that adolescents used multiple forms of technology late into the night, including gaming systems, cell phones, and computers. As a result, they had difficulty staying awake and alert throughout the day.

Any factor that decreases the quality or quantity of sleep will lead to difficulty with school performance and poor behaviour problems. When young people stay up late at night texting in bed or playing computer games, they are increasing their risk for neuro-cognitive problems.

Disrupting the normal sleep pattern, whether with technology or not, can reset the brain's circadian clock. Therefore, staying awake late and sleeping-in on the weekends, can make it difficult to fall asleep and wake-up during the week, so it is important to maintain a consistent schedule all week long.

The number of nightly sleep hours required varies by age. In general while 9 year olds need 10 hours, your 14 year old requires 9 hours. If your son or daughter is not alert and functioning properly during the day, sleep length could be the cause.

For better sleep, it is important to maintain a routine bedtime pattern to prepare the brain for sleep. Exciting, high-energy activity should be avoided within one hour before lights-out. Pre-bedtime activities like taking a shower, teeth-brushing, and reading a book, will signal to the brain that it's time to sleep. Exercise, caffeine and sugary foods should be avoided. Technology is best removed from the bedroom.

Insufficient sleep and poor sleep habits have been linked to health problems such as obesity, cardiovascular disease, diabetes, depression, moodiness, irritability, reduced memory functioning, and delayed reaction time.

Acknowledgment: Science Daily



This Tuku -Tuku design used on occasion in the school newsletter is taken from the panels next to the school stage.

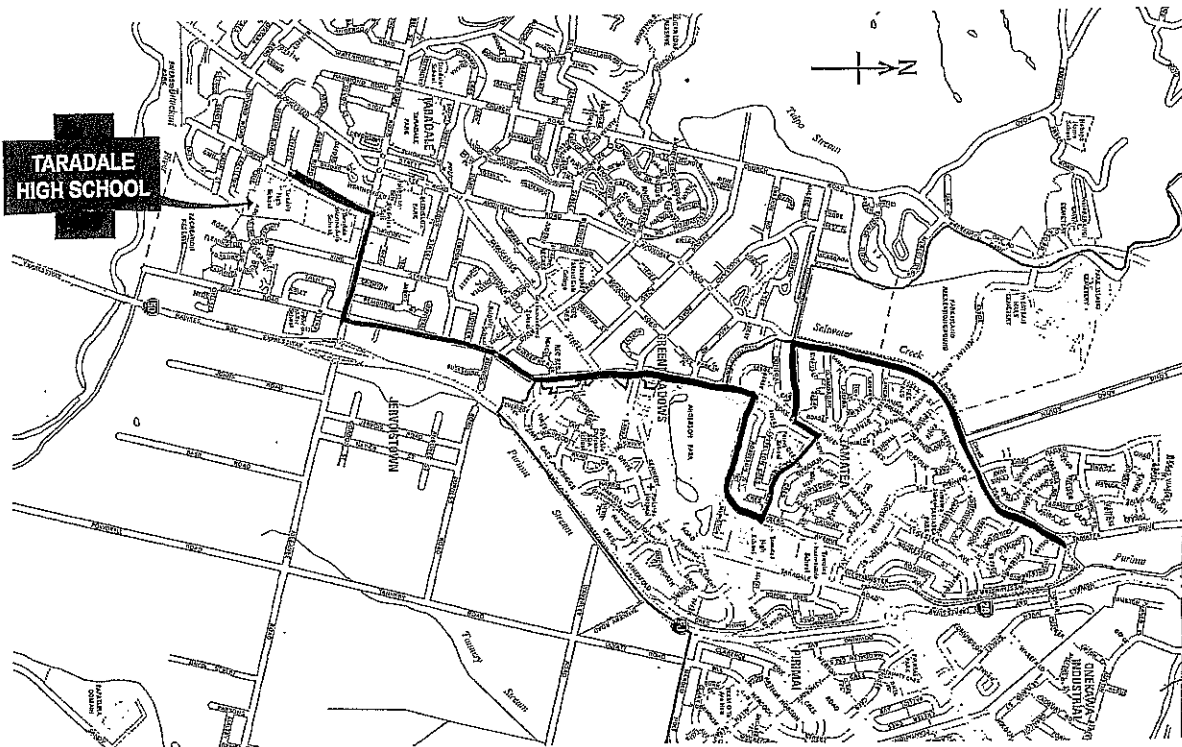
Poraiti School Bus

As you will be aware the Government is no longer funding the Poraiti School bus run as from 2011. In partnership with Metro Buses, Taradale High has attempted to run a replacement service as cost effectively as possible. Unfortunately due to only a limited number of students using this bus in the first week of term, there is no possible way the school can provide a replacement service. If you reside within more than 4.8 km from the nearest school (Tamatea High in this instance) you may be entitled to apply for School Transport Assistance. Forms are available at the school office.

Current School Bus run to Taradale via Tamatea

Starts from Corunna Bay at 7.35am, via Westminster Ave and arrives at Taradale High at 8.10 a.m.

Departs Taradale High at 3.40pm via Howard, Lee & Gloucester Sts. Drop off Cnr York and Wharangi.



Via Marewa

We are currently investigating the possibility of adding an extra leg to the journey via Marewa/Onekawa on the way to Tamatea. This proposed route could go via Marewa Shops, Kennedy Rd, Trinity Cres & Coventry Ave.

If any one is interested in the Marewa section please contact the school via email before Friday 25th February (heatherw@ths.school.nz)

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|---------------|--------------------|----------|
| Costs: | Annual (Senior) | \$340.00 |
| | Annual (Junior) | \$390.00 |
| | Termly | \$105.00 |
| | Senior Term 4 only | \$30.00 |

There is a 25% family discount for the second child & a 50% discount on the third child. The fourth child travels free.

Individual journey tickets can also be purchased for \$30 for 20 trips. All are available from the school office.

Can you cater for Vegetarians?

From July this year we require HOMESTAY FAMILIES for several German girls who are vegetarian.

If you can help please ring the International Office: DD6504730

Email: international@ths.school.nz