



Taradale High School

Be determined. Aim high. *Piki ake. Kia maia.*

Newsletter 9 Term 3, 2011



"Our brilliant Adventure Team, which won the North Island Hillary Challenge Competition"

Principal's Message

Tena Koutou Parents and Caregivers

There is an old Maori saying, "I whea koe I te tangihanga o te pipiwharauoa? " *Where were you when the shining cuckoo called?*

One of the first signs of spring in New Zealand is the return of the shining cuckoo. The first notes of its call were a signal to Maori that it was a time to begin preparing the land for crops. The work done in spring would determine the amount of food available for the following winter. Those who ran short of food were asked, "Where were you when the shining cuckoo called?" because their lack of food showed that they had not done their work when it was time to plant.

With final NCEA and Junior Diploma assessments just a few weeks away, the time is coming for students to show the results of their work. They are sowing the seeds for a successful harvest. Diligence, planning, organisation and goal-setting will ensure that when they hear the question: "Where were you when the shining cuckoo called?" they will be confident that they have done the work and are ready to reap the rewards.

I wish all students a safe and enjoyable holiday, however they will need to take into account the proximity of exams, which begin in week three of next term. NCEA exams begin on Thursday November 10 and Junior exams start on Friday November 11. The next fortnight provides a timely opportunity to organise notes, plan study timetables and get stuck into exam preparation.

I wish you all the best with achieving your goals.

Warm regards,
Stephen Hensman
Principal

School Holiday Office Hours

The School Office will be open from 9am until 3pm on the 10th, 11th and 12th October during the holidays.

Please note the reduced hours.

The Uniform shop will be closed for the holidays and will re-open October 25th.

Coming Events

October

6 Junior Social
7 Haka and Waiata
Competition

7 Term 3 Ends

10—12 Office Open
24 Labour Day

25 Term 4 Begins

29 Leadership speeches and
voting for Year 12

November

3 Arts Assemblies
7 Christmas Supper Concert
9 Final Assembly for Seniors;
Seniors begin Study Leave
10 NCEA Exams begin
11 Junior Exams begin
30 Year 9 Outdoor Activities
begin; Year 10 Camps begin

December

1-3 Leadership Camp Year 12
4 Leavers' Dinner
6 Whole School Prize Giving
7 Senior Sign-Out
8 Junior Prize Giving and last
day of school year.

Congratulations to ...

ARTS

Mikaela Wilkes, Year 10, who had an article published in Friday 20th September's edition of the College Herald (a collection of student writing published in the NZ Herald each Tuesday), and also won a camera for her efforts. Mikaela's article was entitled "Who'd be famous? Not me, thanks".

Speech and Drama:

Samantha Scott gained Distinction in Grade 8, **Renee Church** gained Distinction in Grade 3, and **Lilly Wedd** gained Merit in Grade 4 in the Trinity Guildhall Speech and Drama Examination.

VOLUNTEERS:

Stephanie Coleman, Alex Stevenson, Luke Whitley, Andrew Trotter, Emma Mudgway and **Hayley Orchard** who were volunteer students giving their time to assist at the annual fund-raiser held by RealPeople@ Mosaic in Taradale. A letter was received from the Manager who writes "I would like to congratulate you and your school on the wonderful calibre of students that represented your school on the night. They were willing to support us, members of their community and asked for nothing in return. Their friendly and helpful approach to the evening made their contribution invaluable to the success of the event, attracting praise from my colleagues and members of the public. They were a real credit to the school, their families and themselves. It is heart warming to know that in these difficult times there are young people out there who have strong community values and spirit. It is these young people who will one day be our future philanthropists and social leaders".

SPORTS:

Canoe Polo:

Congratulations go to **Kate Horrocks** who has been selected for NZ Canoe Polo U21 A Team to compete at the Oceania Tournament in December. Way to go Kate!! She has been awarded school colours in recognition of this national honour.

At Sports Prize Giving Assembly, Colours were awarded to:

The Senior Girls' Canoe Polo Team of **Kate Horrocks, Sarah Logan, Samantha Scott, Marieke Flatt, Christie Bryan, Jenni Groom**. This team won the NZ Secondary Schools' Competition earlier in the year.

Adventure Sports:

Go 4 12 Adventure Racing:

The Senior Mixed Go 4 12 Adventure Racing Team have received colours for winning the New Zealand Competition: **Ben Andrews, Nicole Baird, Kendele Hawke** and **Kris Sweetapple**.

NZ Hillary Challenge Competition

Our senior Adventure Racing Team has qualified for the finals of the NZ Hillary Challenge competition next year. This is the first time we have done so for many years. Not only that, but the team won the North Island Competition ahead of the following place-getters: Thames High, Hamilton Boys/Girls High, Onslow College and St Cuthberts/Auckland Boys' Grammar. This is a huge achievement that follows two previous milestones: "Get To Go" Hawke's Bay regional winners and "Go For 12" New Zealand championships. Along the way, they won the kayaking events and the Initiative Challenge. Congratulations to the team and their dedicated coaches, **Miss Edwards** and **Mr Szelesi!**

Ten teams will be involved in the finals: the top 5 from the North Island qualifiers, 3 who have automatically qualified due to their performance this year, the top team from Australia, and 1 one South Island team. The team consists of **Kris Sweetapple, Tim Lutter, Kendele Hawke, Ben Andrews, Alex Manktelow, Jenni Groom, Emilee Williams, Emma Rogers** and **Alice Grundy**.

Volleyball:

Blair Turvey, Hayden Hann, Mitchel Barnett and **Hagen Rewi** made the U-19 Hawke's Bay Boys' Volleyball Team.

Junior A Boys' Football Team:

Connor Underhill, Harrison Wooley, Liam Hurst, Adam Kockelbergh (C), Cullan Fouhy, Shae Bauerfiend, Luke Sambrook-Dixon, Haami Manning, Josh Jones, Dylan MacKirdy, Christian Skelton, Greg Prosser, Scott Wakeling, Paul Klosel, and **Bailey Pugh**, members of the Junior A Boys' Football Team, who came 2nd in Division 1 HB League - "Hawke's Bay Junior Knock Out Cup" - and were the winners of the Central 6 Competition.

Netball:

Brittney Stanford, Jess Gregg, Jess Fairey, Maria Trotter, Hannah Dobbie, Jasmine Rowland, April Rowland, Jennifer Coleman, Kamaea Thompson-Paku, members of the 11A Girls' Netball Team, who won their grade.

Dance:

Ashleigh Witkowski, Laura Blackbourn, Melissa Coulam, Sarah Witkowski, Amie Osgood, Kayla Standford and **Rebecca Vanpraseuth**, members of the Senior Girls' Dance Team, who came 3rd in the Lower North Island Competition. **Player of the Year** was **Ashleigh Witkowski** for her high level of technical skill, time put into the dance team in a lead role, organising rehearsals, costumes and involvement in the choreography.

Royal Life Saving Society of NZ Hawke's

Bay Life Saving Championships: Ethan Bailey, Gavin Gilbert, Nicole Hamilton, Todd Hamilton, Colette Humphrey, Daniel Husband, Simon Kay, Alex Manktelow, Sarah Manktelow, Mel Skews, Kelly Sunnex WON the Hawke's Bay Competition. Events included 100 metre swim, relays with obstacles in the water, 50 metre races towing a manikin. The J Johnstone Cup was awarded to Taradale High School as the top co-ed High School.

Canoe Polo



Winners of the Under 18 Girls' division for the Lower North Island: **Alyson Jones, Emily Horrocks, Marieke Flatt, Jenni Groom** and **Kate Lambert**.

Jenni Groom performed really well despite having tonsillitis and a Year Ten player, Alyson Jones, proved to be a very good goal shooter. The whole team did Taradale proud with their sportsmanship and fair play.

Sports Prize Giving Results

Summer Trophy Winners

Callum MacDonald, Senior Boys' Swimming Champion, Sowman Trophy

Rachel Danvers, Senior Girls' Swimming Champion, Sowman Trophy

Mitchell Barnett, Senior Boys' Volleyball Player of the Year

Nicole Baird, Senior Girls' Volleyball Player of the Year and Senior Girls' Athletic Champion, F Van Zanten Trophy

Todd Lowrie, Senior Boys' Athletic Champion, Harwood Cup

First Team Badges - Seniors

Girls' Badminton

Juneer Pontana (Player of the Year) **Kelsey Smith, Sarah Groom, Nicole Baird**

Boys' Badminton

Jack Ming, Lennox Young, Andrew Su, Adrian Tam

Girls' Football

Nicole Baird (Player of the Year), **Hannah Hamlin, Michaela Moyle, Courtney Anderson, Izzy Boyd, Laura Blackburn, Holly Neil, Emma Rogers, Sidney Santo, Kelsey Hoare, Lisa Clark, Michaela Smith, Hannah Reid, Julia Anderson, Julia Morris.**

Girls' Hockey

Kendele Hawke (Player of the Year), **Catherine Stoney, Mary Kirkpatrick, Stephanie Coleman, Pippa De Stapcoole, Christie Bryan, Kelsey Smith, Melissa Coulam, Kelsey MacDonald.**

Boys' Football

Luke Chapman (Player of the Year), **Kieran Curley** (Most Improved Player), **Jonty Underhill, Kris Sweetapple, Andrew Smith, Stan Mair, Shota Kawate, Callum MacDonald, Ryan Jennings, Kyle Jackson, Reuben Vowden, Ben Andrews, Tom Hanson, Daniel Baxter.** This team finished 2nd in Division 1.

Boys' Hockey

Regan Hughes (Player of the Year and winner of the Hamish Smith Trophy for contribution to Boys' Hockey, Central Region U-21 rep, HB U-18 rep, top goal scorer in Boys' 1st Division 2011), **Jono Cooper, Dan Fern, Bevan Gibbs, Jordy Poole, George Webb, Luke Jervis, Liam Gardiner, Mitchell Perfect.** This team came 2nd overall in the Boys' 1st Division.

Squash

Daniel Batt, Josh Chiverell, Ben Dark, Kaden Hall

Pistol Shooting

Daniel Fraser (Player of the Year), **Fraser MacKenzie, Trestan Thomas.**

Orienteering

Tim Lutter, Alex Manktelow

Netball

Jovita Williams (Player of the Year), **Brooke Mote, Jess Lynch, Nancy Rakete-Stones, Jordan Carr, Laura Middleton, Sarah Logan, Nicole Sambrook-Dixon.**

Bowls

Richard Hocking (Player of the Year), **Kelsey Smith, Nicole Baird.** These students will represent at the NZSS Champs later in the year.

Table Tennis

Adrian Tam, Lennox Young. Taradale High School was placed 2nd overall in the A Grade Competition.

Rock Climbing

Tom Kay (Player of the Year), **Kendele Hawke, Kris Sweetapple, Adam Torr, Tom Kay, Callum MacDonald, Ben Andrews.**

Boys' Basketball

Zane Hohepa (Player of the Year, Howes Trophy Cup), **Dan Fern** (Most Improved Player), **Teina Toru, Wade Woolly, Hagen Rewi, Otis Arthur Worsop, Thorne O'Brien, Harry Wilson, Bevan Gibbs, Aidan Lau-Guild.**

Hayden Hann (Player of the Year, Brian Jenkinson Coach's Trophy for Most Valuable 1st XV Player), **Campbell Young** (Dunnett Trophy for Most Promising 1st XV Player), **Todd Lowrie** (Dunnett Trophy for Most Promising 1st Year 1st XV Player), **Luke Ross** (Giddens Family Trophy for Most Conscientious 1st XV Team Member), **Dylan Ramsay, Zane Hohepa, Troy McCulloch, Ben Shapcott, Dallan Fletcher, Thorne O'Brien, Mitchell Hawke, Mitchell Barnett, Sean Morrison, Corey Blunsden, Stephen Morrison, Shane Puia-Bryson, Morgan Davies, Jayden Austin, Oliver Young, Ben Murtha, Wade Woolly, Ben Dixon.**

Adventure Racing

Kris Sweetapple (Player of the Year), **Ben Andrews, Tim Lutter, Alex Manktelow, Jenni Groom, Alice Grundy, Emilee Williams, Kendele Hawke, Emma Rogers, Kris Sweetapple.**

First Team Badges - Juniors

Boys' Badminton

Simon Huang (Player of the Year)

Squash

Gareth Mair (Player of the Year)

Pistol Shooting

Shae Bauerfiend, Alex McLeod, Josh Hirst, Lilli Ireland, Haami Manning, David Bredda, Alex Englebrecht.

Orienteering

Liam Hurst (Player of the Year), **Sarah Manktelow, Kelly Sunnex.**

Girls' Football

Abi Collins (Girls' Soccer Trophy for Most Promising Junior Player), **Sophie Hoare.**

Girls' Hockey

Kayla Des Landes, Rochelle Street, Emily Horrocks, Alyson Jones, Jodi Nagel.

Netball

Skylah Rewi (B Lange Trophy for Most Promising Junior Player),

Darcy Walsh.

Table Tennis

Greg Prosser (Player of the Year, HB U-15 Singles Champion), **Zoe Wilkinson, Morgan Gilmore, Hannah Atkins, Simon Huang, Logan Young, Adam Kocklebergh, Logan Barnett, Liam Wilson.** (This team placed 2nd in HB SS A Grade Competition).

Boys' Hockey

Ben Longtime (Jason Smith Trophy for Most Promising Junior Boys' Hockey Player), **Brayden Stone, Dan Hardie, Angus Webb, Simon Kay.**

Rock Climbing

Liam Hurst, Luke Sambrook-Dixon, Abi Collins, Kelly Sunnex.

Boys' Basketball

TeAhu Paki -Wilson (Golden Lunar Award for Best Defensive Player and Biggest Heart)

Adventure Racing

Liam Hurst, Josh Jones, Colette Humphrey, Sarah Manktelow, Luke Sambrook-Dixon, Simon Kay, Kelly Sunnex, Abi Collins. The Regional Youthtown Get 2 Go winners who will compete in the National Championship in December on Great Barrier Island.

SUCCESS: "In life you don't have the luxury of half time. Never rest on what you have achieved, keep trying to improve, even if you're at the top of what you do, take it to a higher level."

REDUCING THE RISK OF PROBLEM DRINKING

Parents play an important role in reducing the risk of problem drinking. The age at which children start drinking is a key factor in whether they eventually develop alcohol-related problems, like getting into fights or having academic or work problems.

It often has been assumed that drinking at an early age is the problem. Studies have found that teens who reported an earlier drinking age tended later on to be drinking more heavily and were at greater risk of drinking-related problems. But that's only part of the puzzle.

The circumstances in which that first drink occurs - and how parents deal with it - is more important. Teenagers who reported both a later drinking age *and* a high-quality relationship with their parents had a lower risk of drinking problems compared with their peers.

A high-quality relationship was one where teenagers felt they could discuss their problems with their parents and that their parents respected their feelings. Such parent-child relationships can build the scaffold of healthy development during adolescence, that may lead to a lower risk of alcohol problems.

Parents can take encouragement from the fact that they have more influence in many aspects of their teenagers' lives than popular media suggest. Being attentive to their children's needs may be one way to protect adolescents from high-risk drinking, and many other problems besides.

Underage drinking is linked to a number of negative outcomes in teenagers, including suicide, high-risk sexual activity and an increased chance of alcohol dependence.

Parents who respect their children's growing independence and autonomy but also monitor and supervise their children throughout school can help to lower levels of high-school drinking. This can have a long-term effect as the higher the incidence of drinking in high school, the higher the drinking once students leave school.

Acknowledgement: Journal of Studies on Alcohol and Drugs

PRACTICE Cut a young driver's chance of crashing by 40 percent

We've all seen the terrible headlines when young drivers are involved in road crashes, and far too often those headlines are about another death.

The hard fact is that during their first year behind the wheel, a young driver is more likely than at any other time to be involved in a road crash resulting in injury. Every parent wants to do all they can to cut the chances of their child becoming a headline, and here's one simple and very effective thing they can do - *Practice*.

Practice is a programme created for learner drivers aged 15-19 to help them learn the skills they need to pass their Restricted Licence Practical Driving Test - a test that is about to get harder. When a young driver passes their learner licence, they are automatically sent an information pack about joining *Practice* at www.practice.co.nz. But that's only half the equation - they also need the help of an adult who's an experienced driver to become their "guide" as they practise, practise, practise their driving.

The free, on-line programme, which was created by the New Zealand Transport Agency and ACC, provides a framework to support young drivers to get as much good quality, supervised driving experience as possible before they drive on their own.

We know from overseas research that a key factor in young driver crashes is inexperience. We also know that if a learner driver has about 120 hours of driving practice under the supervision of an experienced fully licensed driver in a range of conditions - and yes, that includes these dark, wintery conditions! - their crash risk is reduced by 40 percent. Once a learner and their guide (as they are known in *Practice*) sign up, they can access a raft of information, tips, and videos on the *Practice* website that shows the learner what they need to know, and the guide how to teach. Plus the learner gets free access to 'eDrive', the new online interactive driving simulation programme.

www.safeteendriver.co.nz, is another resource which was recently launched to encourage parents to stay involved with teens who are on their restricted licence.

Becoming skilled and experienced drivers will build good driving habits for life, and cut the chances of crashing. Not only that, but *Practice* will increase teenagers' abilities to pass their restricted licence the first time....

It's hard work teaching a learner to drive, but *Practice* is designed to make it as painless as possible for you to guide your learner to become a safe driver. And with 50 young people killed and 2579 injured on our roads last year, *Practice* is an easy way to help young drivers become as safe as you can make them.

For more information, visit www.practice.co.nz

MEALS-TO-GO CAFE VERY POPULAR

Year 13 Hospitality students have to run a lunchtime take-away cafe as part of a level 3 catering assessment. They operate in small teams and have to advertise their menu, organise the purchase of their ingredients and produce high quality food within time constraints. They find it very stressful but a lot of fun and certainly learn a great deal about detailed planning and organisation. The first team had to fill 34 orders for Butter Chicken and Thai Red Chicken Curry, and produce over 30 servings of chocolate or lemon Cheesecake as well. Hard at work with preparation and serving are **Niamh Murray, Amy Mudgway, and Zoe Arnold.**



EX-TARADALE HIGH STUDENT WINS PRESTIGIOUS BECA ENGINEERING SCHOLARSHIP

Ex-Deputy Head Boy, Sam Corbett-Davies has been recognised for his potential to contribute to the future of the engineering profession in New Zealand, receiving a \$2000 BECA Engineering in Society Scholarship for University of Canterbury students. Sam, who attended Taradale High School and was Dux in 2008, is studying towards a Bachelor of Engineering (Honours) specialising in mechatronics, and he hopes his interest in software design for embedded systems will lead to a career in robotics and automation.

"My dream is to attend an American university to carry out postgraduate study and research in the field of robotics and artificial intelligence," he says. "I want to work at the cutting edge of robotics, a field I believe will be one of the fastest growing fields in engineering over the next 20 years."

Sam still enjoys sport. He is a member of the University of Canterbury Division 1 men's hockey team. And he still enjoys helping his fellow students. "I have always found that explaining a concept to others is the best way to understand it myself, so I give up a lot of my time to help friends doing the same course as me." After the Christchurch earthquake on February 22, Sam volunteered in the Student Volunteer Army community clean-up. We congratulate Sam for his achievements and for making a habit of contributing positively to whatever community he finds himself in.

Junior A Football Season

This year we played twenty games in all, winning eighteen of them and only losing two. We won the Central Six tournament, won the Knockout Cup and came second in the league.

10% of our shots went in while the other 90% missed the goal completely. Our biggest win of the season was a 9-0 win against Freyberg in the Central Six tournament.

The most intense game that we played was against Lindisfarne College. Winning this game would put us tied first in the league. We won the game 2-0 due to an impossible goal and a long shot. But we would have lost if it wasn't for our keeper who performed three stunning saves.

The first competition we won in the season was the Central Six tournament. We started this tournament with our second loss of the season. To win the tournament we had to beat the undefeated team from Tawa. We won that game and so the tournament was ours.

Our coach this year was Mr MacRaghnail who brought his wealth of international experience to our side. All in all we had a good season, despite the misses and sending offs. Next year the year 9's will be hoping to keep their spot and the year 10's will be hoping to play for the 1st X1.

library@ths.school.nz

New books:

Hex hall by R. Hawkins
Head case by S. Aronson
The night children by K. Reed
The tide knot by H. Dunmore
Zombie dawn by S. Feasey
The bridge by J. Higgins
All Blacks don't cry by J. Kirwin

Reviews:

Head case by S. Aronson.

"One mistake.

One bad night.

One too many drinks."

Frank Marder is paralysed from the neck down, and it's his fault. He was drinking. He was driving. Now Frank can't walk, he can't move, he can't feel his skin. When you're a head do you ever get to forgive yourself? Two people are dead because of him-but some people think Frank has not been adequately punished.

A powerful and heartbreaking novel about a teen who had it all...until he drank that one last beer and got behind the wheel to drive home.

Black painted fingernails by S. Herrick

"How about we toss a coin? Heads it's west and a lift. Tails, it's still west but no lift".

James is heading into the country for his first teacher-trainer post, when Sophie approaches him at a petrol station for a lift. Their journey unveils secrets they both have, and a relationship unfolds. This is a sweet, captivating novel, one that you don't want to end.

Top reads:

Class A by R. Muchamore
Maximum security by R. Muchamore
Twilight by S. Meyer
Size 12 is not fat. By M. Cabot
Stormbreaker by A. Horowitz
My sister's keeper by Jodi Picoult



Taradale High School Boys' Hockey First XI in their Plus Rehab sponsored warm-up tops before their first game at the Mayhill Cup Tournament in Napier recently. On the left is Tony Snell of Plus rehab. The boys went on to beat Francis Douglas College 5—2 in their opening game.

**"To realise a weakness
is a strength"**

Study Skills

Parents, did you know that our Student Planners contain a wealth of information that can assist students to develop their study skills. With the exception of Year 13 students (Form 7), all students were issued a Student Planner (also referred to as their home-work diary) at the start of the year.

Refer to Pages 14a/15a, where students keep a record of their credits. It is not too late to get them to do this! Juniors can record their Junior Dipoloma points.

Where to find advice and ideas for enhancing study skills:

1. Reflect back on Pg 6-9 and the goals they set at the start of the year
2. Key Competencies on Pg 10 – quick self-analysis exercise
3. Thinking tools on Pg 22
4. What is study? Pg 28/29 This is a good general intro to study with more specific aspects covered on the pages below.
5. Other study tips: See pages:
 - 30: Study sessions
 - 34: Study timetable
 - 36: Effective use of time
 - 38: Environment
 - 78: SQ3R
 - 80: Memory training
 - 82: Whole brain learning
 - 96: Revision
 - 102: Test and exam prep
 - 104: Sitting tests and exams
 - 106: Exam strategies
 - 146: Exam/test checklist
 - 147: Exam vocab
 - 148: Subject specific revision techniques
 - 149: Idea maps
 - 150: A smarter way to remember

"Take notes – copious notes. Don't leave your hard work to memory. Write down all details of conclusions, decisions and assignments. Revisit notes and review assignments. Remember that one dull pencil is worth six sharp minds."

Kerry Patterson.

What is Meningococcal Disease?

Meningococcal Disease is a severe infection caused by a bacteria. There are two main forms of the disease. These are **septicaemia** (or blood poisoning) and **meningitis** (inflammation of the lining of the brain).

How do you catch meningococcal disease?

The Meningococcus germ lives in people's noses and throats. It is passed from one person to another by coughing, kissing, sharing the same eating or drinking utensils and other close contact over a period of time. Many people come into contact with the Meningococcus germ during their lifetime. Most people remain well and develop resistance so that the germ can't cause disease. Healthy people can carry the germ in their nose or throats for several weeks. They may pass the germ onto another person without even knowing they have it.

Only a few people who catch the germ develop Meningococcal disease. Meningococcal disease can occur at any age but tends to affect children and **young people** most commonly as they are less likely to have resistance. The germ causes illness when it goes through the throat wall into the body.

People with meningococcal disease may have the following signs and symptoms:

- Fever
- Headache
- Vomiting
- Tiredness, unusually sleepy
- Joint pains
- A stiff neck and a dislike of bright lights
- A rash or red spots or purple bruises.
- Sleepiness, confusion, unconsciousness.

Most people survive meningococcal disease if treated early. If you or your child develop a fever and any of the signs or symptoms listed above you should see a doctor immediately. Everyone should be encouraged **not to share** drink bottles, food, lipsticks etc.

Pistol Shooting



An expert shows our pistol shooters the techniques that have won him twelve medals at either Commonwealth Games or Olympic Games. Greg Yelavich, New Zealand's most successful shooter carried out a one day training course for our best shooters early in September. Pictured are **Trestan Thomas**, **Alex McLeod** and **Alex Engelbrecht**. The photo was taken at the HB Pistol Club range at Onehunga Road, Bay View where our school squad shoots every Tuesday. (Incidentally, Trestan isn't in any danger even though he looks to be in imminent peril!)

Careers Department

Do you have trouble understanding NCEA and how it links with tertiary qualifications? Check out the link below which provides helpful information from the NZQA website:

<http://www.nzqa.govt.nz/studying-in-new-zealand/nzqf/understand-nz-quals/>

Supporting your teen at subject choice time:

Tips for parents and caregivers on how to support your teen during subject choice time at school



- Talk with your teen about their subject choices
- Encourage your teen to use our jobs database before making final decisions about their options choices; as this will detail subject requirements for specific jobs.
- An area you think is useful for your teen's future may not be a strong subject for them, so ask to check their academic progress and ability in this subject before encouraging them to take it.
- A mix of subjects across sciences, humanities and computing will keep many career options a possibility. However, this could lead to issues over making decisions on what to do after Year 13. Help your teen recognise their strengths to ease this process.
- Ask why your teen is leaning towards one subject over another. If they are undecided, suggest they choose the subject they like the most as this usually leads to better results.
- If your teen is set on applying to university after Year 13, check they have not chosen all 'non-approved' subjects for their subject selection. This may make entry to their preferred university course more difficult. Find out more on understanding NCEA and University Entry on our website.

Find out more

Careers New Zealand website: www.careers.govt.nz

Another useful link is: **Tips for Parents (Type this into the Search Button)**

Agriculture Holiday Course: A General Farm Skills Level 2 Certificate course will be run at EIT. The holiday programme will be a compacted course delivered during the October holidays, including 3 weekend days after the holidays to compensate for H.B. Anniversary day/Labour weekend. The course covers: Operating Chainsaws; Operating & handling ATVs; Operating Tractors; Fencing skills; Health & Safety. Students will require steel capped boots. Interested students should see Mrs Penman in C10 for an enrolment pack. (Ph. 650 4728)

Holiday Junior Chef Short Course: This course is aimed at students who are 14 years and older. Students can learn about basic food safety, followed by hands on instruction in preparing a wide range of items. Interested students should see Mrs Penman in C10 to register their interest. (Ph. 650 4728)

STAR Holiday Courses: MAINZ offers the following courses in the first week of the holidays:

Live Sound **Tuesday 11 – Friday 14 October**

Stage Lighting **Tuesday 11 – Friday 14 October**

Please see Mrs Penman in C10 to register your interest.

STAR Course booklets are available in C10.

School Donation Reminder

This is a friendly reminder that we rely on families paying their school donation. So far, 45% of families have done so. We appreciate that times are tough, but we depend on the donations to be paid in order to fund library books, sports equipment, computer technician and much more besides.